

Sentence management plan: target objectives

Target objectives of the Penal System Concordat of North Western and Central Switzerland

1 Detention behaviour in general
Target objective: Detainees contribute towards safe and orderly coexistence in the custodial facility. They refrain from any action which might harm, endanger or threaten other people's integrity. Detainees actively cooperate on the attainment of their own detention objectives. The long-term objective is life without reoffending.
2 Health (including addiction)
Target objective: Detainees actively look after their health, using the services made available for the purpose by the custodial facility.
3 Accommodation
Target objective: Detainees treat their fellow detainees correctly. If required, they can acquire and extend their social competencies and practical everyday skills.
4 Work
Target objective: Work enables detainees to retain or, if possible, extend their professional and social skills.
5 Forensic therapy / discussion of the offence
Target objective: If a therapy has been prescribed, the detainee will be provided with disorder- and offence-oriented treatment. Detainees actively cooperate on their individual therapy objectives. Each detainee has to face up to her offence. She is aware of her own contributing aspects that led to the offence. She is able to recognise the signals that might point to her possible reoffending. At the end, the detainee will have action strategies that will help her cope with risk situations without perpetrating a criminal offence.
6 Material restitution
Target objective: Detainees make an appropriate contribution towards the material restitution (when such has been ordered by a court of law) or deal with it (without a court order).





7 Basic and advanced education/training

Target objective: Detainees acquire or extend their educational and professional skills. They use existing facilities to catch up with possible educational shortcomings and/or extend their professional competencies.

8 Leisure

Target objective: Detainees are aware of their own interests and choose their leisure activities in an active and socially positive way.

9 Finances

Target objective: Detainees spend their work remuneration economically during their detention. They are aware of their financial situation and manage their finances responsibly.

10 Relations with the outside world

Target objective: Detainees cultivate their relationships and external contacts that are conducive to the attainment of their detention objectives and to reintegration after release to the extent to which this is possible.

11 Relaxation of the execution of the sentence

Target objective: Relaxation of the execution of the sentence is awarded to detainees to be able to cultivate social relationships and maintain their ability to act in real social conditions with regard to reintegration.

General requirements: A relaxation of the execution of the sentence is examined if the legal and chronological requirements are satisfied. Detainees are required to cooperate actively on the attainment of the detention objectives. There must not be any unfavourable indication of a possible danger of escaping or reoffending (within the framework of the planned relaxation).

12 Preparation for release

Target objective: Detainees must have realistic perspectives for the time after their release. They cooperate actively on the preparation. At the time of their release, they have somewhere to live and a job (or a regular day structure), as well as a social network.

Their financial livelihood must be guaranteed (in cases of reintegration in Switzerland).